

PERSONALITY DIFFERENCES

Assign a different area of the room to each of four different animals: lions, turtles, puppies & kittens. Ask the group to think about the qualities of each animal and then decide which animal they are most like; remind them that it's important they go with their heart rather than their head on this. Ask them to go the part of the room for their animal.

Once everyone has found their appropriate place, ask the groups to spend a minutes discussing among themselves what is good about being the animal they chose and what they can learn from the other three animals. Some questions to facilitate discussion might be: Are there any preconceived ideas about your animal?

If so, how did those originate?

How can you overcome them?

If your family member is in another group, how does this affect your relationships at home?

What can you learn from this to get along better with the other animals at home? And at school?