



## **FY 2026 CEU Offerings**

### **Models of Addiction**

**(CEUs: 3 – Virtual, 3 separate 1-hour sessions)**

**Presenter: Shanna Rice**

This course explores various frameworks for understanding addiction, including biological, psychological, and social models. Participants will gain insights into the different perspectives that shape addiction treatment and recovery strategies. By the end of this course, attendees will have a comprehensive understanding of how these models inform the approach to treatment and recovery planning.

### **Beyond the Blowup: Creative Tools for De-Escalation in Youth Residential Care** **(CEUs: 3 – 3 sessions @ 1 hour each)**

**Presenter: Shanna Rice**

This three-part online training series equips residential care staff with creative, trauma-informed strategies to prevent and de-escalate crisis behaviors in youth. Each one-hour session focuses on practical tools that move beyond traditional behavior management, integrating relational techniques, sensory regulation, and strength-based approaches that honor each young person's dignity and developmental needs. Participants will explore real-world scenarios, participate in reflective practice, and gain actionable techniques to create safer, more responsive environments for youth in care.

### **Science of Addiction**

**(CEUs: 3 – Virtual or In Person)**

*Presented in FY 2025; eligible for repeat in FY 2026*

**Presenter: Shanna Rice**

This course delves into the scientific foundations of addiction, examining the neurological, genetic, and environmental factors that contribute to substance use disorders. Participants will learn about the brain's role in addiction, the impact of different substances, and the latest research on effective

interventions. The course will equip attendees with the knowledge needed to better understand the complex nature of addiction from a scientific perspective.

### **Treating a Disease You've Never Had**

**(CEUs: 3 – Consider reducing to 2 CEUs; Virtual or In Person)**

**Presenter: Shanna Rice**

In this workshop, the challenges faced by treatment providers who do not have personal experience with addiction are explored. The course provides strategies for building rapport with clients, understanding their experiences, and effectively addressing their needs. Attendees will develop skills to respond to common client concerns and will leave with actionable techniques to improve their practice.

### **Activities that Spark Processing and Discussion in Addiction Treatment Groups (CEUs: 3)**

**Presenter: Shanna Rice**

This course focuses on interactive and engaging activities that facilitate meaningful processing and discussion within addiction treatment groups. Participants will learn how to incorporate these activities into their sessions to encourage deeper reflection and conversation among clients. The course provides a toolkit of exercises that can be adapted for various group settings, enhancing the overall effectiveness of group therapy.

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**Lies, Lies, Lies – Why Clients in Addiction Treatment Lie and Strategies for Dealing with Dishonesty**  
**(CEUs: 3)**

**Presenter: Shanna Rice**

This course addresses the common issue of dishonesty among clients in addiction treatment. Participants will explore the underlying reasons why clients may lie and learn effective strategies for managing and addressing dishonesty within a therapeutic context. The course equips attendees with practical tools to foster trust and openness in their client relationships, ultimately improving treatment outcomes.

**Ethics of Supervision**  
**(CEUs: 3)**

**Presenter: Shelia Stinnett**

This course is designed to provide a comprehensive understanding of the ethical responsibilities involved in supervising licensed professionals, including LPCs, LMFTs, LADCs, and LMSWs. Participants will explore ethical guidelines and best practices for supervision, focusing on maintaining professional boundaries, ensuring accountability, and promoting the growth and development of supervisees. Special attention is given to the unique challenges LADCs face in supervising addiction counselors, particularly in managing dual relationships and addressing relapse prevention within the supervisory process.

**Ethics**  
**(CEUs: 3)**

**Presenter: Shanna Rice**

This course offers an in-depth exploration of ethical principles and standards relevant to LPCs, LMFTs, LADCs, and LMSWs in the State of Oklahoma. Participants will review the core ethical guidelines set forth by the Oklahoma Licensing Boards, including issues related to dual relationships, informed consent, and professional competence. For LADCs, the course delves into specific ethical challenges such as managing client confidentiality in group settings and navigating the ethics of client self-disclosure in addiction treatment. Through case studies and interactive discussions, attendees will examine real-world scenarios to better understand how to apply ethical principles in their practice.